Integrated Services provides Cross System Collaboration:

<u>Liaisons</u>—Consistent point of contact between systems such as Children & Youth, Schools, and Children's Mental Health.

<u>Cross System Team Meetings</u>
<u>(CST)</u>—These meetings allow professionals to partner across all human services to bridge gaps in service and improve quality of service.

System Coordination Meetings (SCM)—These meetings create opportunity for the child and family to have a voice in developing goals and selecting services they feel will help meet their needs.

Plan of Safe Care (POSC)—This is a team approach between Children & Youth, Medical, Safe Start, Drug and Alcohol, Children's Mental Health, and Early Intervention to build supports for babies born drug impacted and their families.

Outcomes

- Increase Wellness and Resilience for Children and Families
- Meet Mental Health Needs for Children and Families
- Remove Barriers to Access Services
- Create Partnerships and Promote Teamwork



LEHIGH COUNTY CHILDREN & ADOLESCENT MENTAL HEALTH SERVICES



For information about mental health and where to get help, please contact: Lehigh County Office of Information & Referral 17 S. 7th Street, Allentown (610) 782-3200.

Lehigh County Children's Mental Health

Lehigh County Children's Mental Health and the Child and Adolescent Service System Program (CASSP) are housed under the Office of Integrated Services.

This office supports Lehigh County children up to the age of 21 and their families to collaborate, connect and coordinate mental health services and community resources.



Medical Assistance Services

Children and teens in the state of Pennsylvania may be eligible for Medical Assistance (MA) regardless of their parents' or guardians' private insurance and income through the "Disabled Child Only Act". Families can apply at the Lehigh County Assistance Office located at 555 Union Blvd, Allentown. The phone number is 610-821-6509, and online applications can be found at www.compass.state.pa.us.

If your child has Medical Assistance, there are different treatment options available, based on medical necessity. Some of these programs include:

- Outpatient Treatment site-based clinic that provides medication management and counseling.
- Intensive Behavioral Health Services
 (IBHS) provides interventions and
 supports for youth under the age of
 21 in the home, school and
 community. Services include
 individual, Applied Behavioral
 Analysis Services (ABA) and groups.
- <u>Family Based</u> a 9-month trauma informed in-home service which includes a 24 hour on-call system.
- <u>Partial Hospitalization</u> site-based treatment that provides six hours of psychiatric care five days a week.
- <u>Psychiatric Hospitalizations</u> provides acute treatment, interventions, medications and stabilization in a hospital setting.

Additional Community Supports

- Hi-Fidelity Wrap Around a team based, collaborative process for helping youth and their families identify and use their strengths and community resources. For information, call Pinebrook Family Answers at 610-432-3919
- Respite Services-offers short-term, non-therapeutic, non-overnight temporary care for eligible children as a means of providing support and relief to the primary caregiver(s). Information is available upon request. Please call 610-782-3376.

Lehigh County Children's
Mental Health can provide
support and consultation in
getting the help your
child needs.

